

Fall Sports Tryouts 2017-2018

	Sport	Date	Time	Contact
Cross Country	Varsity	July 31 st	4:00pm (track)	Alan Young at northwaketrackclub@gmail.com
	Middle School	August 7 th	3:00-4:00pm (track)	Mary Beth Loyd at mloyd@nrcaknights.com
Football	Summer Workouts (Varsity & JV)	June 5 th -July 27 th (Mon. – Thurs.)	7:00am – 10:00am	Chris Rivera crivera@nrcaknights.com
	Varsity 10 th -12 th grades	July 31 st	Practice 2:00- 6:00pm	Chris Rivera crivera@nrcaknights.com
	JV 7 th -9 th grade	July 31 st	5:00-8:00pm	Bill Cook at bcook@nrcaknights.com
Girls Golf	Varsity (grades 7-12)	If interested in playing golf contact Robbie Carruth		Robby Carruth at rcarruth@nrcaknights.com
Boys Soccer	JV/Varsity Summer Workouts	July 10, 11, 13, 17, 18, 20, 24, 25, 27	7:00-8:30pm	Ed Pinon at epinon@nrcaknights.com
	Varsity	August 1st	6:30-8:00am & 3:30-5:00pm	Ed Pinon at epinon@nrcaknights.com
	JV	August 1st	6:30-8:00am & 3:30-5:00pm	Brandon Coombs at bcoombs@nrcaknights.com

Boys Soccer	Middle School	Tryouts - August 7 th August 8 th Practice – August 10 th & 11 th	4:30-6:00pm 3:00-4:30pm 7:30am-9:00am	Sally Pinon at K4csoccer@earthlink.net
Volleyball	Varsity	Tryouts – July 31 st Practice – Aug 1 st -10 th	10:00am-12:00pm 10:00am-1:00pm	Chris Murray at murraychris77@yahoo.com
Volleyball	JV	Tryouts – July 31 st Practice – Aug 1st– 10 th	10:00am-12:00pm 12:00pm-2:30pm	Jenny Buckley at jennyandmattbuckley@gmail.com
	MS A & B	Tryouts – Aug 7 th & 8 th Practice- Aug 9 th -11 th	2:30-4:30pm 3:00-5:30pm	Rebekah Lockhart at orangefreak3@yahoo.com
Girls Tennis	Varsity	July 31st	10:00am	TBA
	MS	August 7 th August 8 th	4:30-6:00pm 2:30-4:00pm	Heather Ferguson at heatherfergeson@gmail.com