



NORTH RALEIGH CHRISTIAN ACADEMY

7300 Perry Creek Road
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Dr. S.L. Sherrill
Superintendent

Mr. Danny Watkins
High School Principal

Mrs. Mary Zullig
Middle School Principal

Mrs. Debbie Sherrill
Elementary Principal

Mr. Richard Corey
Business Manager

Mr. Mike Hartmann
Facilities Manager

Mrs. Karen Blom
Executive Assistant to
Superintendent

Mr. Ted Hassert
Asst. Elementary Principal

Mr. Kevin Mathes
Asst. Secondary Principal

Mr. Steve Lykins
Athletic Director

Mr. Michael Green
Fine Arts Director

Mrs. Wendy Clark
Advancement Director

Mrs. Kathy Freeman
Admissions Director

Mr. Nick Schwane
Systems Administrator

Mr. Brian Kohout
Student Life Director

Mrs. Amy Lilly
College Admissions Director

Mrs. Nita Lykins
Parent & Alumni
Services Director

Mr. Bruce Mack
Boys Counselor

Miss Suzanne Lyczkowski
Girls Counselor

"Put on the whole armor of God..."
Ephesians 6:11

Physical Education Swim Class Permission Form

Dear Parents,

At some time during this year, your child will participate in a swim class. This class will be offered to our 6th, 7th and 8th grade students. The course curriculum will include various types of games and will not be a swim instruction class. For safety purposes, we are requiring each parent to fill out the information below and have their child return it to either Coach Carruth or Dr. Loyd. Each student will also be required to pass a simple swim test, which will consist of swimming one length of the pool using any swimming stroke. If you do not want your child to participate in the swim unit or your child cannot swim, they will be asked to bring schoolwork so they can have a study hall during the PE class time. Each child is required to bring the following items for each swim class:

- **Swim suit. Girls must wear a one-piece bathing suit**
- **Towel**
- **Flip Flops**

If you have any questions, please feel free to email Coach Carruth at Robert.Carruth@nrcaknights.com or Dr. Loyd at MaryBeth.Loyd@nrcaknights.com. Each PE teacher will have a current 9 week schedule of PE activities.

Date _____

1) My child can swim. Yes or No (please circle one)

2) My child _____ has my permission to participate in the swimming unit for physical education. Yes or No (please circle one)

Grade: _____ Days in P.E. _____

Parent Signature _____