

Fall Sports Information 2011-2012

NRCA Cheerleading

- A **mandatory parent meeting** will be held on Monday, May 16 from 7 p.m.- 8 p.m. in the Student Life Center. Cheerleader candidates are welcome.
- Cheerleading applications available online Monday, May 2. Please download from the website *nrcaknights.com*. Go to *Athletics / Athletic Teams / Middle School* or *Varsity / Cheerleading*.
- Completed applications may be turned into Mrs. Dial by Thursday, May 19 or brought to the Parent Info Meeting on Monday, May 16.
- A current medical form **must** be on file at the school to participate. This form is under *Athletics / Athletic Training*.
- Tryouts will be Monday - Thursday, May 23 - 26, 3:15 p.m. - 5:45 p.m..
- Competition Team Practice - Friday, May 27 3:15 p.m. - 5:30 p.m..
- A mandatory **uniform meeting** for all team members will be held **Wednesday**, June 1 in the Elementary Gym at 11:30 a.m., for sizing and ordering. A \$100 deposit is due payable to NRCA. A parent is strongly encouraged to attend for correct sizing.
- Varsity Beach Trip: Thursday, August 4 - Sunday, August 7.
- Competition Choreography Camp will be Tuesday, August 9 - Thursday, August 11, 9 a.m. - 5 p.m. at NRCA.
- Cheerleader Inductions and Parent Info Meeting: Thursday, August 11, 7:00 p.m.- 8:30 p.m..
- Varsity Poster Party will be Friday, August 12, 11 a.m. - 1 p.m.
- In general, the Competition Squad will practice on Mondays and Wednesdays beginning Wednesday, August 24, from 3:30-5:30. Game practices for Middle School and Varsity are on Tuesdays and Thursdays 3:30-5:30.
- Questions? Contact Varsity Coaches, Pam Pusateri at (H)554-1078 (C)946-0165/pampusateri@gmail.com or Brooke Young at 602-8293/abyoung@nc.rr.com.